

NINETEENTH SUNDAY IN ORDINARY TIME

STAND

ENTRANCE ANTIPHON

Cf. Ps 73: 20, 19, 22, 23

Look to your covenant, O Lord,
and forget not the life of your poor
ones for ever.

Arise, O God, and defend your
cause, and forget not the cries of
those who seek you.

ENTRANCE HYMN

*Do not be afraid,
for I have redeemed you.
I have called you by your name;
you are mine.*

**When you walk through the waters
I'll be with you.
You will never sink beneath the
waves.**

**When the fire is burning all around
you,
you will never be consumed by the
flames.**

**When the fear of loneliness is
looming,
then remember I am at your side.**

**When you dwell in the exile of the
stranger,
remember you are precious in my
eyes.**

**You are mine, O my child, I am your
Father,
and I love you with a perfect love.**

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

Lord Jesus, you have shown us the way
to the Father: Lord, have mercy.

Lord, have mercy.

Lord Jesus, you have given us the
consolation of the truth:

Christ, have mercy.

Christ, have mercy.



Lord Jesus, you are the Good
Shepherd, leading us into everlasting
life:

Lord, have mercy.

Lord, have mercy.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins and bring us to
everlasting life. **Amen.**

GLORIA

**Glory to God in the highest,
and on earth peace to people of
good will.**

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great

glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten

Son,

**Lord God, Lamb of God, Son of the
Father,**

**you take away the sins of the world,
have mercy on us;**

**you take away the sins of the world,
receive our prayer;**

**you are seated at the right hand of
the Father,**

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our
hearts the spirit of adoption as your
sons and daughters,
that we may merit to enter into the
inheritance which you have promised.
Through our Lord Jesus Christ, your
Son, who lives and reigns with you in
the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

THE LITURGY OF THE WORD

SIT

FIRST READING

19:9.11-13

**A reading from the first book of the
Kings**

When Elijah reached Horeb, the
mountain of God, he went into the
cave and spent the night in it. Then he
was told, "Go out and stand on the
mountain before the Lord." Then the
Lord himself went by. There came a
mighty wind, so strong it tore the
mountains and shattered the rocks
before the Lord. But the Lord was not
in the wind. After the wind came an
earthquake. But the Lord was not in
the earthquake. After the earthquake
came a fire. But the Lord was not in
the fire. And after the fire there came
the sound of a gentle breeze. And
when Elijah heard this, he covered his
face with his cloak and went out and
stood at the entrance of the cave.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Ps84:9-14.R.v.8

R. Let us see, O Lord, your mercy and give us your saving help.

1. I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land. **R.**
2. Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **R.**
3. The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **R.**

SECOND READING

9:1-5

A reading from the letter of St Paul to the Romans

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

The word of the Lord.

Thanks be to God.



ACCLAMATION

Lk19:38

Alleluia, alleluia!

**Blessings on the King who comes,
in the name of the Lord!
Peace in heaven and glory
in the highest heavens!
Alleluia!**



GOSPEL

14:22-33



The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Matthew.

Glory to you, O Lord.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. "It is a ghost" they said, and cried out in fear. But at once Jesus called out to them, saying, "Courage! It is I! Do not be afraid." It was Peter who answered.

"Lord," he said "if it is you, tell me to come to you across the water." "Come" said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. "Lord! Save me!" he cried. Jesus put out his hand at once and held him. "Man of little faith," he said "why did you doubt?" And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, "Truly, you are the Son of God."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next three lines)
and by the Holy Spirit was incarnate
of the Virgin Mary,**

and became man.

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the
forgiveness of sins
and I look forward to
the resurrection of the dead
and the life of the world to come.
Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST



Raising the host, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.
Blessed be God for ever.

The priest pours wine and a little water into the chalice, saying quietly:

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.
Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

The priest washes his hands, saying quietly:

Wash me, O Lord, from my iniquity; and cleanse me from my sin.

STAND

Facing the people the priest says:

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation. Through Christ our Lord.

Amen.

EUCCHARISTIC PRAYER II

PREFACE: IV Ordinary Time

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For by his birth he brought renewal to humanity's fallen state, and by his suffering, cancelled out our sins; by his rising from the dead he has opened the way to eternal life, and by ascending to you, O Father, he has unlocked the gates of heaven.

And so, with the company of Angels and Saints, we sing the hymn of your praise, as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**



KNEEL

You are indeed Holy, O Lord, the fount of all holiness.

The Priest joins his hands and, holding them extended over the offerings, says:

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body ✠ and Blood of our Lord, Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.

The mystery of faith

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

Then the Priest, with hands extended, says:

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity,

together with Francis, our Pope, **N**. our Bishop, his assistant Bishop(s), and all the clergy.

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face. Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

The Priest takes the chalice and the paten with the host and, elevating both, he says:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.
Amen.

COMMUNION RITE

STAND

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil,

graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours, now and for ever.

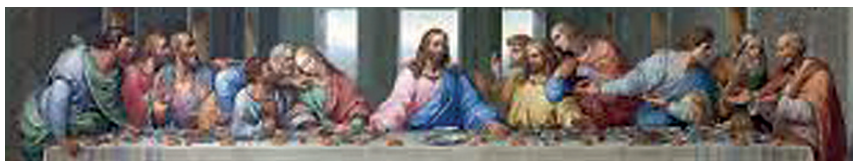
Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.



The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Meanwhile the people sing or say:

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace.



The priest says quietly:

May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body, and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

And together with the people he says once:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

May the Body of Christ keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:

May the Blood of Christ keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

Amen.

COMMUNION ANTIPHON Ps 147: 12, 14
O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

COMMUNION HYMN

Refrain:

Eat this bread drink this cup, come to me and never be hungry. Eat this bread, drink this cup, trust in me and you shall not thirst.

I am the bread of life, the true bread sent from the Father. (R)

Your ancestors ate manna in the desert, but this is the bread come down from heaven. (R)

Eat my flesh and drink my blood, and I will raise you up on the last day. (R)

Anyone who eats this bread will live for ever. (R)

If you believe and eat this bread you will have eternal life. (R)

PRIVATE PRAYER AFTER COMMUNION

Lord Jesus, You are the Son of God.

Hidden God, devoutly I adore you, truly present in this eucharist.

Wonderful how God can be present in different ways. At the sound of a gentle breeze, Elijah covered his face with his cloak.

In the force of the dark wind and in the chaos of the wet waves, Peter came to feel your saving power.

Sometimes I get into difficulties and in the darkness am tempted to lose hope. May I always call out to you, 'Lord, save me'.



PRAYER AFTER COMMUNION

May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord. **Amen.**

CONCLUDING RITES

The Lord be with you. **And with your spirit.**

Bow head for the blessing – No10

May the peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, our Lord Jesus Christ. **Amen.**

And may the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit, come down on you and remain with you for ever. **Amen.**

Go forth, the Mass is ended, **Thanks be to God.**

RECESSIONAL HYMN

O Lord, my God, when I in awesome wonder consider all the works thy hand has made, I see the stars, I hear the rolling thunder, thy pow'r throughout the universe displayed.

Then sings my soul, my Saviour God, to thee: how great thou art, how great thou art. Then sings my soul, my Saviour God, to thee: how great thou art, how great thou art.

And when I think that God, his Son not sparing, sent him to die, I scarce can take it in that on the cross, my burden galdly bearing, he bled and died to take away my sin.